

Institution of Occupational Safety and Health (IOSH) Working Safely Course

The IOSH Working Safely course is for people at any level, in any sector and who need grounding in the essentials of health and safety.

Why should I attend this course?

Everyone at work should have an understanding of why they must 'work safely' and this course offers exactly that. This IOSH-approved course gives your managers, supervisors and staff the skills they need to understand the risks and help support effective health and safety programmes.

Course Overview

This one-day course introduces a new approach to health and safety training and offers all the basics in a high-impact interactive package. This course will not turn delegates into safety experts but focuses on why health and safety is important, and how individuals can make a real difference to the wellbeing of themselves and others through changing their behaviour.

Who is this course for?

The IOSH Working Safely course is for people at any level, in any sector and who need grounding in the essentials of health and safety. The course is also recognised by CSCS (Construction Skills Certification Scheme) as meeting their requirements of having the necessary understanding of on-site health and safety issues.

Course Content

1. Introducing Working Safely

It's not unusual for delegates coming on an introductory course to think that accidents only happen to 'other people'. This module stresses the realities of human suffering which can result from accidents and emphasises the importance of personal responsibility.

2. Defining Hazard and Risk

This module puts 'hazard' and 'risk' into everyday language, and uses familiar examples to show what can happen. Importantly, it makes it clear that even something that is very simple or repeated over and over again can go wrong, with serious consequences.

Focusing on six broad hazard groups, delegates are asked to think about the hazards and risks they come across in their own work. 'Risk assessment' is demystified—delegates learn that we all carry out informal assessments day in, day out.

3. Identifying Common Hazards

All the main issues are covered in this module—entrances and exits, work traffic, fire, chemicals, electricity, physical and verbal abuse, bullying, stress, noise and the working environment, slips, trips and falls, and manual handling. Each area is backed by crystal clear examples and recognisable scenarios, and useful summaries reinforce the key learning points.

4. Improving Safety Performance

This module deals with systems and processes, making sure that any jargon is explained in easily understood terms. This module bridges the gap between management and workforce, encouraging delegates to play a part in processes that are commonly seen as just down to their manager or supervisor. Other areas including, contract work, inspections, safe systems and permits, protective equipment, signage, emergency procedures, reporting and health checks are all focused on from the delegate's point of view.

5. Protecting our environment

A short but effective introduction to waste and pollution leads to a look at how organisations and individual team members can get involved in reducing environmental impacts. Memorable and thought-provoking facts and figures help drive the points home.

Delegates who attend the course and successfully complete the written and practical assessments, will be presented with an IOSH Working Safely certificate and/or passport card.

About IOSH

IOSH is the chartered body for health and safety professionals. As the world's biggest professional health and safety membership organisation, IOSH are the voice of the profession, campaigning on issues that affect millions of working people. IOSH set standards and support, develop and connect their members with resources, guidance, events and training.

About Gallagher

Founded in Chicago in 1927, Gallagher has grown to become one of the largest insurance brokerage and risk management companies in the world. With significant reach internationally, the group employs over 43,000 people and its global network provides services and expertise in more than 130 countries.

To find out more about this course, please get in touch via the details below:

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